

BEAURAY

PRODUCT LITERATURE | PESSARIES

P.O.P.s Ruler - Instructions for Use

Official Manufacturer IFU | English

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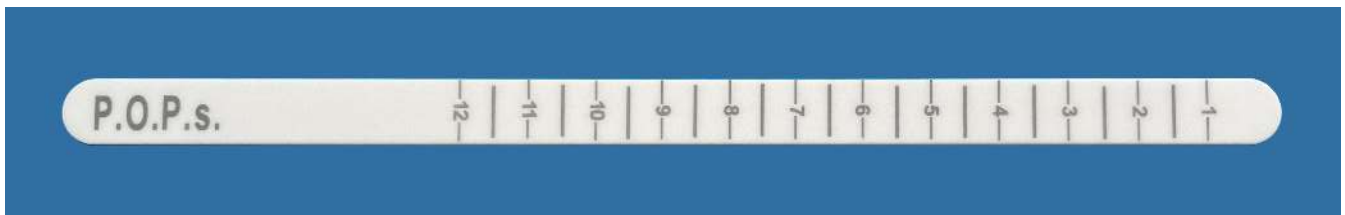
CANADIAN SALES & SUPPORT

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Product SKU: BA222-222



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INDICATIONS/DESCRIPTIONS

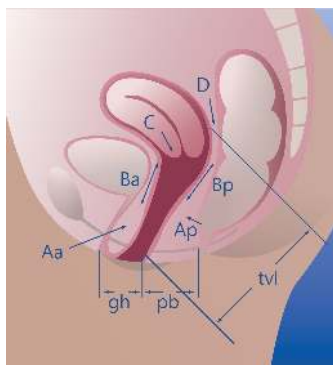
The POP-Q score is a clinical tool used to identify the severity of pelvic organ prolapses and the anatomical success of conservative therapy and surgery. An easy-to-use measuring device with 0.5cm markings is useful to perform inaccurate POP-Q score.

Packing quantity: **50 pieces** per pack.

POP-Q QUICK REFERENCE GUIDE

The POP-Q assessment tool measures nine points (see the chart). There are six points measured at the vagina with respect to the hymen. The prolapsed organs are measured in centimeters to the hymen. The measurements are taken when the Valsalva maneuver is performed by the patient lying in the dorsal lithotomy position. Points above the hymen are negative numbers, points below the hymen are positive numbers.

The further three points are the genital hiatus (gh: measured from middle of external urethral meatus to posterior midline hymen), the perineal body (pb: measured from posterior margin of gh to middle of anal opening) and the total vaginal length (tvL).



Point	Description	Range of Values	Stage	Description
Aa (1)	Anterior vaginal wall 3cm proximal to the hymen	-3cm to +3cm	0	Aa, Ap, Ba, Bp = -3cm and C or D ≤ -(tvL-2)cm
Ba (2)	Most distal point of the remaining upper anterior vaginal wall	-3cm to +tvL		
C (3)	Most distal edge of cervix or vaginal cuff scar		1	Stage 0 criteria not met and leading edge < -1
D (4)	Posterior fornix (N/A if post-hysterectomy)			
Ap (5)	Posterior vaginal wall 3cm proximal to the hymen	-3cm to +3cm	2	Leading edge ≥ -1cm but ≤ +1cm
Bp (6)	Most distal position of the remaining upper posterior vaginal wall	-3cm to +tvL		
gh (7)	Hiatus genitalis, measured from middle of external urethral meatus to posterior midline hymen		3	Leading edge > +1cm but < +(tvL-2)cm
pb (8)	Perineal body, measured from posterior margin of gh to middle of anal opening			
tvL (9)	Total vaginal length (tvL), depth of vagina when point D or C is reduced to normal position		4	Leading edge ≥ +(tvL-2)cm